



International Orienteering Event Pomorze Sprint Cup 2026 Gold World Ranking Event World Ranking Event

Radzyń Chełmiński, Chełmno, Grudziądz
22th – 24th May 2026
www.o-pcs.pl

Bulletin No. 1

1. Organizer

UMKS Kwidzyn

82-500 Kwidzyn, ul. Warszawska 13, <https://www.umkskwidzyn.pl>

2. Co-organizer

International Orienteering Federation, <https://orienteering.sport/>

Fundacja Zielony Sport <http://www.fundacjazielonysport.pl>

3. Partnerships

Radzyń Chełmiński town <https://radzynchelminski.eu>

Chełmno town, <https://chelmnno.pl>

Grudziądz town, <https://grudziadz.pl>

Grudziądz province, <https://www.powiatgrudziadzki.pl/lang,pl>

4. Date and location

22th – 24th May 2026 - Radzyń Chełmiński, Grudziądz, Chełmno

5. Main officials

Competition Director – Zbigniew Mądryński – tel. +48 509 951 345, e-mail: sp2jnk@interia.pl

Technical Director – Tomasz Müller – tel. +48 500 175 747, e-mail: t.muller@umkskwidzyn.pl

IOF Advisor – Jerzy Antonowicz – tel. +48 603 923 897, e-mail: jerzy.antonowicz@gmail.com

Main referee – Stanisław Leśnicki

Course setters – S1, S2, S3 - Rafał Podziński (builder of the "Course of the Year 2022" in the world)
S4 - Tomasz Müller

Cartography – Rafał Podziński (author of the map for the "Course of the Year 2022" in the world)



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6. Program

Date	Stage and location	Preliminary timetable
22/05/2026 (Friday)	S1 – Radzyń Chełmiński (WRE)	16.30 – 18.30
23/05/2026 (Saturday)	S2 – Chełmno (W, M Elite – Knock-Out – qualification) S3 – Chełmno (W, M Elite – Knock-Out) – QF, SF, F (Gold WRE)	10.00 – 12.00 16.00 – 19.00
24/05/2026 (Sunday)	S4 – Grudziądz (WRE) Prize-giving ceremony	10.30 – 12.30 13.00

In the event of a large number of entries, start times may be subject to slight changes. The final times will be announced in Bulletin No. 2, after the closing of the entry list.

7. Form of the competition

Three-day, four stages, individual sprint orienteering event. Included in the Polish Orienteering Association ranking, with a polish ranking index 700.

For W Elite (W21E) and M Elite (M21E) categories

Planned times for winners in the W/M21E categories – S1 – 12 minutes, S2 – KO Qualification – 8 minutes, S3 – KO Qualification 5–6 minutes, KO Semi-final – 5–6 minutes, KO Final 7–8 minutes, S4 – 12 minutes- Stage 1 and 4 included in the World Ranking Event

- Stages 1 and 4 count towards the World Ranking Event
- Stages 2 and 3 will be played in the form of Knock-Out Sprint
- Stage 3 – **quarter-final Knock-Out Sprint**
 - all competitors ranked 37th and below in the Knock-Out Sprint (E2) qualifiers start from an interval start together with the other categories
 - competitors who place 1st to 36th in the Knock-Out Sprint (E2) qualifiers will be divided into 12 heats (6 for women and 6 for men), with the top 3 competitors from each quarter-final advancing to the semi-finals.
- **semi-final Knock-Out Sprint**
 - competitors will be divided into 6 races (3 for women and 3 for men, from each semifinal the first 2 places will qualify for the final
- **Knock-Out Sprint final**
 - 6 male and 6 female competitors run in the final

The overall classification for the Pomorze Sprint Cup 2026 in the W21E and M21E categories includes E1, E2, E3 (quarter-finals) and E4.

For the remaining categories of the Pomorze Sprint Cup 2026, all four stages will count towards the overall classification.

8. Maps

4 new maps, updated May 2026, ISSprOM 2019 standard. Two of the new areas have not been previously used in orienteering competitions.

On the organiser's website <https://o-psc.pl>, under the tab 'Area and maps', old maps for orienteering in the competition areas and maps for orienteering in the embargoed areas have been posted.

'Chełmno' – a map used only in 2019 during local competitions, covering part of the embargoed area.

'Grudziądz Centrum' – map used during PSC 2022, covering part of the embargoed area.



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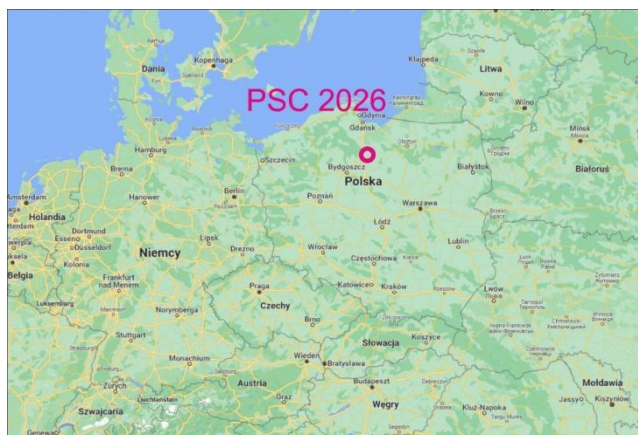
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'Grudziądz Osiedle Tysiąclecia' – map used only in 2019 during local competitions, covering part of the embargoed area.

9. Competition area

All courses will be set out in the urban area. Each stage will take place in a different area - from the area of a typical housing estate with lots of backstreets, green areas, and enclosures, through the centre of the old town, park areas to sports and recreation areas.



10. Embargoed areas

Designated areas in the administrative area of the city of Radzyń Chełmiński, Chełmno and Grudziądz, marked on the maps below, are subject to an embargo. Competitors, coaches and people who may influence the results of the competition through their knowledge of the terrain are prohibited from entering the embargoed zones

These areas are embargoed until the publication of Bulletin 2. Bulletin 2 will provide details of the competition grounds where the embargo will be maintained and the organizer's special rules on the day of the competition.

Stage 1 – Radzyń Chełmiński



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Stage 2 i 3 - Chełmno



Stage 4 - Grudziądz



11. Classes

Women – W10, W12, W14, W16, W18, W21E (WRE), W21A, W35, W40, W45, W50, W55, W60, W65, W70

Men – M10, M12, M14, M16, M18, M21E (WRE), M21A, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80

Open classes:

- 10R - Family (very easy and short, for beginners and families with children).
- Middle - more difficult, longer, for intermediate runners.

Competitors in the W20 and M20 categories shall register in the W21E and M21E categories, respectively. The organiser plans to award additional cash prizes to W/M20 competitors in the overall PSC 2026 classification.

The organizers reserve the right to combine categories in the case of a small number of participants. All athletes in W21E and M21E classes need to have an IOF athlete's license to participate in the WRE and additionally register via the IOF website for each WRE competition separately.



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12. Entries and entry deadlines

The first entries deadline: **02/03/2026**

Final entries deadline: **11/05/2026**

Entries in all categories will be accepted:

- Competitors with a Polish Orienteering Association (PZOS) license through the entry form on the website <https://orienteering.org.pl/pzos/detail/entries/1694>
- Competitors who do not have a Polish Orienteering Association (PZOS) license through the entry form on the website <https://oriantarper.pl/?cmp=entries&action=makeEntry&id=260>

Competitors of the W21E and M21E categories for WRE runs must also enter the IOF entry form: Due to the Knock-Out Sprint organization, it is not possible to apply after May 11, 2026, for the W21E and M21E categories. In other categories, entries after May 11, 2026, will be possible only in case of vacancies and only by e-mail: t.muller@umkskwidzyn.pl

13. Fees in EUR

Participants with the PZOS (Polish Orienteering Association) licence								
Classes	W/M10-14		W/M 16-20 Krótka (Short) Średnia (Middle)		W/M 21A, W/M35+		W/M 21E	
	1 stage	4 stages	1 stage	4 stages	1 stage	4 stages	1 stage	4 stages
1 st deadline – 02/03/2026	8	22	10	40	15	45	17	51
2 nd deadline – 11/05/2026	10	30	12	36	17	51	20	60
After 11/05/2026	12	36	15	45	20	60		

Participants without the PZOS (Polish Orienteering Association) licence										
Classes	W/M10-14		W/M 16-20 Krótka (Short) Średnia (Middle)		W/M 21A, W/M35+		W/M 21E		*Residents	
	1 stage	4 stages	1 stage	4 stages	1 stage	4 stages	1 stage	4 stages	1 stage	4 stages
1 st deadline – 02/03/2026	10	30	12	36	17	51	20	60	2,5	10
2 nd deadline – 11/05/2026	12	36	15	45	20	60	22	66	2,5	10
After 11/05/2026	15	45	17	51	22	66			2,5	10

The competition entry is valid upon payment of the entry fee. The date of the registration is the payment date.

* Residents registered in the Kwidzyn Districts, Chełmno Districts and Grudziądz Districts, without the PZOS (Polish Orienteering Association) licence.



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Attention!

Participants who register and pay the entry fee in 1st deadline (until March 2, 2026) and who are ranked in the top 10 of Sprint World Ranking valid on February 28, 2026, will be given a 75% discount on the entry fee and the organizer will provide these competitors with accommodation and partial board from Friday to Saturday or Sunday (according to the competitors' needs).

Participants who register and pay the entry fee in 1st deadline (until March 2, 2026) and who are ranked in the top 20 of Sprint World Ranking valid on February 28, 2026, will be given a 50% discount on the entry fee.

Participants who register and pay the entry fee in 1st deadline (until March 2, 2026) and who are ranked 21-50 of Sprint World Ranking valid on February 28, 2026, will be given a 25% discount on the entry fee.

- a) Changes to participant registration until 11 May 2026 – free of charge
- b) Change of a participant, change of age category or change of SI card number after 11/05/2026 – 3,5 EUR
- c) Withdrawal from the competition until 11/05/2026 – return of 50% fee; after the deadline payments are not refundable
- d) Renting an SI card – 2,5 EUR for 1 stage, 7,5 EUR for 4 stages
- e) Losing the rented SI card – 75 EUR
- f) Underage individual participants can compete only upon a written consent of their legal guardians (available at www.o-psc.pl under "Bulletin" tab), delivered by a legal guardian to the event office – it is a condition of issuing the starting materials.

14. Payment

All payments must be sent to the account - **payments in Euro (EUR)**

UMKS Kwidzyn, ul. Warszawska 13, 82-500 Kwidzyn

Santander Bank Polska S.A. O/Kwidzyn, SWIFT WBKPPLPP,

IBAN PL 45 1090 2620 0000 0001 6485 2901

With the transfer title: Entry fee "Pomorze Sprint Cup 2026" and your club name.

All currency conversion costs are the responsibility of the registrant and do not reduce the entry fee.

15. Event souvenir

Based on feedback from competitors, as was the case during PSC 2024, all competitors in all categories who complete the registration and pay the entry fee on the first registration deadline (by 02/03/2026), will receive a commemorative fan bell as part of the entry fee. For production reasons, it is not possible to order bells at a later date.

16. Punching system

SPORTident Air+ punching system will be used during the entire competition.

17. Accommodation and food

The organizer does not arrange accommodation or catering (except for competitors from the top 10 of the Sprint World Ranking valid as of 28 February 2026), but in Grudziądz, Chełmno and in the vicinity there are many accommodation facilities of various standards.

Until 28 February 2026, information about various accommodation facilities in the vicinity of Radzyń Chełmiński, Chełmno and Grudziądz will be posted on the organiser's website www.o-psc.pl in the 'Accommodation' tab.



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18. Transport

The towns of Radzyń Chełmiński, Chełmno and Grudziądz are partner towns of the Pomorze Sprint Cup 2026. Grudziądz is easily accessible from the south and north of Poland via the A1 motorway. There are also good rail and bus connections to Grudziądz from Gdańsk airport and ferry terminals in Gdańsk and Gdynia.

The organiser will arrange transport for interested competitors on the day of the competition from Grudziądz to Radzyń Chełmiński and from Grudziądz to Chełmno, with return journeys after the award ceremony at the end of each stage. Requests, including the number of competitors and accommodation details, should be sent by 15 April 2026 to psc@umkskwidzyn.pl. Details of bus departure points and costs will be provided after the registration deadline.

The organiser is also currently preparing an offer for its own transport between Grudziądz and Gdańsk airport on the day before the start of the competition and on the day of the start and end of the competition. Requests, including the number of competitors, flight number, place of departure and time of arrival in Gdańsk, and similarly for departures from Gdańsk, should be sent by 15 April 2026 at the latest to psc@umkskwidzyn.pl. Details of bus departure points and costs will be provided after the registration deadline.

19. Prizes

In the category W 21E and M21E – Stages 1 and 4 – World Ranking Evet

- for places 1-3 statuettes, diplomas and small prizes

In the category W 21E and M21E – Stage 3 – Knock-Out Sprint – Gold World Ranking Event

- for places 1-3 statuettes and small prizes
- for places 1-6 diplomas and financial prizes equivalent to 500, 400, 300, 250, 200 and 150 Euro

In general classification (sum of times from 4 stages)

Classes W/M 16, 18, 20, 21E – for places 1-3 diplomas, medals and financial prizes (the amount of the prizes will be announced at a later date)

- Classes W/M10 - K/M 14 – for places 1-3 diplomas, medals and small prizes
– for places 4-6 diplomas
- All other sports categories – for places 1-3 diplomas, medals and small prizes
- 10R – all competitors diplomas and small gifts
- Krótką (Short), Średnia (Middle) – for places 1-3 diplomas and small prizes

In the W/M21E category (and in the W/M20 subcategory), the total PSC 2026 score includes the results obtained during E1, E2 (Knock-Out qualification), E3 (Knock-Out quarter-final) and E4.

20. Team classification

The team classification includes the results from all 4 stages of the competition. At each stage, 12 best competitors in all age categories score points.

The contestants are awarded points according to the key:

Place	1	2	3	4	5	6	7	8	9	10	11	12
Points	15	12	10	9	8	7	6	5	4	3	2	1



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Detailed rules and regulations of the team classification can be found on the competition website www.pomorzesprintcup.pl in the tab 'Newsletters'.

Based on the team results of the last edition of the PSC in 2024

<https://orientharper.pl/?page=file&action=show&file=30722> , the following clubs will receive rewards in the form of reduced entry fees for their competitors:

PKO Harpagan Gdańsk – by 15%

WKS Wawel Kraków – by 10%

UMKS Kwidzyn – by 5%

21. Rules and general information

21.1 Competition rules that apply are the following: The Competition Rules for IOF Foot Orienteering Events, valid from January 1, 2026.

21.2 Anti-doping

Doping is forbidden. "Think positive – test negative"! IOF Anti-Doping Rules apply, valid as of January 1, 2021. By entering the competition, the athletes and coaches will confirm that they are subject to sanctions in the event of any doping offence. The team leader will have to sign for the whole team.

21.3 Climate

Average temperature in Radzyń Chełmiński, Chełmno and Grudziądz at the middle of May between 18 and 20° C in daytime.

21.4 Visa

You do not need a visa if you come from EU or the Schengen area. Other international travelers may be required to hold a Polish visa prior to travel to Poland, depending on your country of residence.

22. Additional information

- All participants compete at their own risk.
- The organiser reserves the right to the final interpretation of this Bulletin.
- Clubs and institutions registering athletes are responsible for obtaining and updating medical examinations for registered athletes.
- All disputes shall be decided by the Main Referee of the competition.
- Participants registering for Pomorze Sprint Cup 2026 agree to have their image, name, surname and year of birth published in the media coverage as well as results, final protocols and marketing materials of the competition.
- Participants are responsible for their own insurance.
- The organizer provides medical care during every stage of the competition.
- When completing the courses, all competitors are strictly required to comply with traffic regulations and all recommendations and instructions issued by the organiser.
- There will be a free kindergarten for participants' children available during every stage of the competition in the event centre.

**We invite you and look forward to seeing you in Pomerania
in Radzyń Chełmiński, Chełmno and Grudziądz**

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10F GOLD

World Ranking Event



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